

## Los Angeles County Food Assistance

### **FIND Food Bank**

<http://www.findfoodbank.org/find-food/services/?filter=43&submit=Filter>

FIND Food Bank's 22 Mobile Market Distributions and a network of 66 community-based partners (FIND Food Bank Agency Network) whose organizations have unique programs for those they serve (homeless shelters, community feeding kitchens and food pantries). These programs work to move perishable and non-perishable free food items quickly to qualifying families and individuals equitably throughout our Desert. At many locations, additional support services are also provided.

### **Food Finders**

- Food Finders assist with immediate food and/or groceries. Use the Food Finders map or list to find a food pantry or meal distribution near you. Before visiting make sure to call the location beforehand regarding meal distribution and food pantry hours. For any additional question regarding food or how to get some please call Food Finders at 562.283.1400.  
<https://drive.google.com/file/d/1SmZajIw-wQkWmAOMK7G3wsKyJB6Mvz6/view>

### **Meals on Wheels Long Beach**

- Meals on Wheels Long Beach (MOWLB) provides a service of home delivered nutritionally balanced meals for individuals who are unable to shop and cook for themselves and who live alone. During the pandemic, MOWLB will continue operations with modifications to the "friendly visit" aspect of the meal deliveries. They will continue providing fresh hot dinners and cold lunches for clients, without interruption, for the immediate future.  
<https://mowlb.org/>

### **WIC**

- The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides federal grants to states for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.