

**Antonia Osife, M.A., CADC II (Akimel O’Otham)
Substance Abuse Counselor
Torres Martinez Tribal TANF**

Behavioral Health

Call 211

Behavioral Health CARES line at (800) 706-7500

A 24/7 free, confidential crisis or suicide intervention service can be reached at (951) 686-HELP (4357).

National Suicide Prevention Lifeline

1-800-273-8255

Residential Treatment

Riverside County Residents. Individuals may call a toll free number **(800) 499-3008**

Riverside Mental Health

3125 Myers St, Riverside, CA 92503

Phone: (951) 358-6858

<https://www.rcdmh.org/>

Food Banks :

Feeding America – 2950 Jefferson Street, Riverside, CA 92504

Tel: 951-359-4757, Fax: 951-351-2492

Hours of Operation:

Monday - Friday

7:00 a.m. - 3:30 p.m.

<https://www.feedingamericaie.org/>

Food Resources:

<https://www.freefood.org/c/ca-indio>

Fruit of our Hands - 7000 Indiana Ave, Suite 114 Riverside, CA 92506

<https://fruitnhands.org/>

Al Rahma Food Bank

Address: U104, 12125 Day St, Moreno Valley, CA 92557

Hours:

Opens 2PM Fri

Tuesday Closed

Wednesday Closed

Thursday Closed

Friday 2–5PM

Saturday Closed

Sunday Closed

Monday Closed

Phone: (951) 526-4284

Arlington Temporary Assistance

Address: 9000 Arlington Ave #112, Riverside, CA 92503

Hours:

10AM- Closes 1PM

Tuesday 10AM–1PM

Wednesday Closed

Thursday 10AM–1PM

Friday Closed

Saturday Closed

Sunday Closed

Monday 10AM–1PM

Phone: (951) 689-5620

Heartline Ministries

Location is 6881 Brockton Avenue

Riverside, CA 92506

Telephone number is 951-682-6881

Information as well as referrals are given to pregnant women and mothers, including single moms. They offer baby food, formula, diapers, and even free pregnancy testing. Clothes given out range from sizes newborn to 2 years old.

Coachella Valley Rescue Mission

47470 Van Buren Street

Indio, CA 92201

760-347-3512

Find diapers, Pampers, and more. There is also baby food, bread, and services from the Emergency Food Assistance Program.

Saint Kateri Tekakwitha Catholic Community

157 West Nicolet Street
Banning, California 92220
Call 951-849-2434

Once a month, on Wednesdays, there may be diapers and or food passed out to low income families

Diaper Aid of Southern California

Clear Charity - Temecula Valley
Address is 25425 Jefferson Ave, Ste 102
Murrieta, California 92562
Telephone - 714.922.0072